

NaturCare Survey Results – Nurses on COVID unit – VA

	Yes	No	Anxious/calm/ down/energetic/ stress/resilience	Lavender/Orange Grapefruit/ Lemon/Fresh Mint/ Unscented	1-not effective 2-somewhat effective 3-effective 4-very effective 5-extremely effective
Do scents influence your mood?	80.5%	19.4%			
What was your mood before using the NaturCare essential oil scents?			Anxious =27.7% Down= 11.1% Stress= 36.1% Calm= 22.2% Energetic= 2.7%		
After using NaturCare, did it change your mood?	83.3%	16.6%			
If yes, what was your mood after using NaturCare spray?			Calm= 61.1% Energetic= 33.3% Lively= 2.7% Down=5.5%		
What flavor of essential oil do you prefer?				Lavender= 69.4% Fresh Mint= 13.8% Orange Grapefruit= 5.5% Unscented= 2.7% Lemon= 8.3%	
From 1-5 How do you rate the effectiveness of mood boosting essential oil?					Not effective= 5.5% Somewhat effective= 11.1% Effective= 19.4% Very effective=16.6% Extremely effective= 47.2%